

My benefits will help me with cancer?
Welcome to CAREpath.



CAREpath
▶ EVERY STEP OF THE WAY



OTIP RAEO.

Welcome to CAREpath



We understand that a cancer diagnosis means uncertainty, questions, anxiety and fear. At CAREpath, your personal oncology Nurse Case Manager, backed by leading oncologists, is there to guide you through every step of your cancer experience, from diagnosis through treatment and into survivorship.

Answers. Guidance. Support.

The CAREpath Navigation System and Survivor Support Program are part of your OTIP Long Term Disability (LTD) Benefits Plan. If you, your spouse or dependant children suspect having cancer, are living with cancer, or had cancer in the past, this new benefit provides you with support. *We'll be there, every step of the way.*

CAREpath's Benefit Line for OTIP Members:

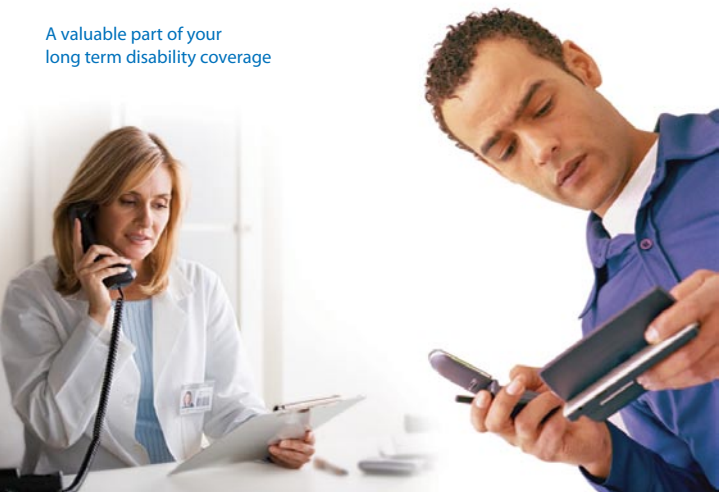
1-800-290-5106

CAREpath's goal is to support - not replace - health services provided by your doctors. You do not need to claim long term disability benefits to use CAREpath services. Simply call the number above for information on this enhancement to your benefits plan.



OTIP RAEO®

A valuable part of your
long term disability coverage



CAREpath Navigation System™

Have you, your spouse or dependant child recently been diagnosed with cancer? Does your doctor suspect you may have cancer?

The CAREpath Navigation System™ provides your own personal CAREpath Cancer Nurse, backed by a leading oncologist, who is there to support you and your immediate family through scheduled telephone discussions, through every step of your cancer journey. Your CAREpath team follows the most up-to-date guidelines for cancer treatment and care, to ensure that you receive the very best treatment.

What can I expect from the CAREpath Navigation System™?



Your personal CAREpath Oncology Team is like having your own cancer experts at your side from the first time you call, through your treatment and into survivorship.

CAREpath and your personal CAREpath Oncology Nurse will provide:

- Emotional support for the cancer patient and their immediate family (OTIP member, spouse and dependant children)
- Assessment of cancer treatment plan and options
- Explanations of tests and treatments
- Questions to ask on first and subsequent visits to the oncologist
- Expert advice and support through all treatment phases
- Information on how to access other support services, if necessary
- Guidance to alternate treatment locations, if required or requested
- Specialized advice and support on how to reduce the risk of a recurrence or new cancer
- Advice on issues survivors may face, including delayed effects of treatment



Survivor Support

When it comes to cancer, the right information and guidance are critically important for healthy survivorship.

- How can cancer recurrence be prevented?
- What can survivors do to help themselves?
- What are the possible delayed effects of cancer treatment?
- How can CAREpath help cancer survivors?
- What other conditions are cancer survivors prone to develop?
- Who else should take care of a survivor's needs?

Surviving cancer is the first step. Thriving afterwards is the rest of the journey, and the focus of CAREpath's Survivor Support Program.

In addition to coping with new physical and emotional changes, cancer survivors are at an elevated risk of developing a recurrence or new cancer. Survivors may experience late complications from cancer treatment, and are prone to other chronic conditions as well.

To carry on a healthy life after surviving cancer, you need to understand and reduce the factors that might contribute to a recurrence. You must also learn how to find the ongoing care and support you may need to achieve healthy living.

CAREpath's Survivor Support Service addresses each of these issues. Risk of cancer recurrence is assessed, preventive measures are identified, delayed side effects from cancer treatment are addressed and advice is provided on where to go with subsequent medical problems. CAREpath advice regarding reducing risk of cancer recurrence and chronic disease is based on the most up-to-date research and delivered individualized to the unique needs of each survivor.

We'll be there.



CAREpath
EVERY STEP OF THE WAY

Questions & Answers



Who is CAREpath?

CAREpath is a Canadian-owned and operated health care company that specializes in cancer-related service programs for Canadians and their families. CAREpath is now a valuable part of your OTIP LTD Benefits Plan and available to you, your spouse and dependant children at no cost to you.

What CAREpath services can I access as part of my OTIP LTD Benefits Plan?

Your OTIP LTD Benefits Plan includes the CAREpath Navigation System™ and CAREpath Survivor Support Program as outlined in this brochure.

I already have a good doctor. How does CAREpath fit in?

CAREpath's goal is to enhance the care you are currently getting, not challenge it. We do not replace the doctor/patient relationship you have with your family doctor or treating oncologists. We help prepare you for your oncology visits, which ensures you fully understand the purpose of your appointments, making it easier to discuss treatment issues and communicate with your specialists. We provide expert oncology information to your family doctor that will help integrate them in your cancer investigation, treatment, follow-up and rehabilitation. We are here to help your doctors help you, the best they can.

Is the CAREpath Navigation System “two-tier” medicine?

No. CAREpath services are offered to you as part of your OTIP LTD Benefits Plan. Your Benefit Plans may have provisions for you to seek care from health care providers outside the provincial systems, such as a psychologist, or a physiotherapist. Similarly, your OTIP LTD Benefits Plan provides CAREpath services, which offer access to a personal Oncology Nurse, backed by oncologists, to help support you through your cancer journey.

What about confidentiality? I do not want my insurance company or workplace to know about my health.

CAREpath services are completely confidential. No personal information is shared with OTIP, your employer, coworkers or union.

How do I find out more?

You can find out more online at www.otip.com, or by emailing info@carepath.ca. Or, simply call the CAREpath Benefit Line for OTIP members at 1-800-290-5106. They will take your pertinent information and arrange for a call-back from your personal CAREpath Oncology Nurse. Your Nurse will be able to answer all of your questions and tell you how CAREpath can help you.



the cancer assistance program

CAREpath inc. ▶ EVERY STEP OF THE WAY



OTIP RAEQ®



CAREpath Benefit Line
for OTIP Members:

1-800-290-5106

info@carepath.ca

www.otip.com

